


**Note: Phone Number
480-4337**

**SENIOR LUNCH PROGRAM
MARCH 2020
Served at 11:30 am**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Italian Sausage Bake Romaine Salad with Dressing Garlic Bread +Pineapple Chunks	3	4 Sweet N Sour Meatballs Brown Rice *Carrot Coins +Cauliflower Seasonal Fresh Fruit	5 Beef Macaroni Casserole Green Beans *CA Mixed Vegetables +Orange Slices	6
9 Chicken Fajitas with Onions and Bell Peppers Corn Brown Rice +Orange Slices Flour Tortilla	10	11 Sloppy Joe on Whole Wheat Bun +Red Potatoes Corn Kernels *Apricot Halves	12 BBQ Chicken *Baked Sweet Potatoes +Coleslaw with red peppers Seasonal Fresh Fruit	13
16 Meatloaf (Beef) +Mashed Potatoes with Gravy *Peas and Carrots +Pineapple Chunks Whole Wheat Roll with Margarine	17 	18 Seafood Salad Whole Wheat Roll with Margarine +Mandarin Oranges	19 Spaghetti with Meat Sauce (Beef) Green Beans *CA Mixed Vegetables +Orange Slices	20
23 Beef Hot Dog BBQ Beans +Coleslaw with Bell Peppers *Apricot Halves	24	25 Pulled Pork on Whole Wheat Bun +Potato Salad *Carrot Raisin Salad Applesauce	26 Beef Lasagna Green Salad *Peas and Carrots +Orange Slices Breadstick	27
30 Soft Beef Tacos Refried Beans *Carrot Coins +Orange Slices	31			NOTE: ☼=Meal >1000 Mg sodium +=good source of Vitamin C *=good source of Vitamin A 1% milk offered at all meals Meals Subject to change

FOR RESERVATIONS Call 1-day in advance: Modesto Senior Center 480-4337