

ADAPTIVE RECREATION

Bowling, 6+yrs

This bowling league is designed for individuals with special needs and/or physical disabilities.

Location: Yosemite Lanes
2301 Yosemite Boulevard, Modesto

2544	4:00-6:00pm	Th	5/09-8/29	16 sessions	\$44
<i>No Bowling 7/04</i>					

Friday Night Out, 6+yrs

This social recreation program for persons with disabilities ages six and up promotes healthy socialization, builds self-esteem, and develops leisure awareness through the use of games, crafts, music, and special events. Held year-round September-May (no events held in June, July, or August)

Co-sponsored by the Special Olympics.
First Friday of each month, Sept-May

Location: Senior Citizens Center
211 Bodem Street, Modesto

FREE	7:00-9:30pm	1st Fri of the month
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SPRING SOCIAL - MAY 3
Start your spring off with a night of music and refreshments.

THE GAME IS ON - SEPT 6
Come and enjoy a game night with Wii Sports and board games. Challenge your friends to a game of checkers!

MOVIE NIGHT - OCT 4
We'll enjoy great snacks and watch a movie on our theater-sized screen.

PIZZA AND BINGO NIGHT - NOV 1
What would be better than a night of pizza and bingo?

WINTER SOCIAL - DEC 6
Come dance or just listen to the music by John Wray.

Senior/Disabled Swim

A drop-in swim program for seniors and disabled persons designed to stretch their muscles, work their joints, and get them moving in an indoor heated therapeutic pool. Cash is not accepted at pool site. A swim card is required, see chart on page 11 for more information. *Pool closed June 3-6 for staff training.*

Location: Burris Pool, Sonoma Elementary
1325 Sonoma Avenue, Modesto

Spring Hours	3:30-5:00pm	M T W Th	4/01-5/31
Summer Hours	1:00-3:00pm	M T W Th	6/10-8/01
<i>Holiday 5/27, 7/04</i>			



ARCHERY, 8+ YRS

The Yahi Bowmen of Modesto offers this course in the fundamentals of archery mainly for youth. The day begins with 45 minutes of instruction followed by hands-on archery activities, handling the equipment, and shooting at targets. The day ends with a barbecue lunch. Participants receive a Certificate of Completion, club pin, and workbook. Make it a family affair and sign up with your child! **MUST** sign two waivers prior to class.

Instructor: Yahi Bowmen of Modesto

Location: Archery Range at the Modesto Reservoir
18143 Reservoir Road, Modesto

2545	10am-2:00pm	Sat	6/08	1 session	\$30
2546	10am-2:00pm	Sat	6/22	1 session	\$30



REGISTRATION

CLASSES

ACTIVE OLDER
ADULTS

FREE
PROGRAMS

SPECIAL
EVENTS

FACILITIES